BAKERY AND CONFECTIONERY: (4 CREDITS) (60 hours)

Objective:

To use the basic knowledge of breads, cakes, pastries and desserts to organize and set up a professional bakery, and organise bakery production.

Skills: At the end of the course, the student will have the ability to demonstrate the use of baking techniques in the preparation of selected bakery items, within a given time frame, and also plan the staff and equipment requirements of a bakery.

Content

- Introduction to Bakery, Organisation of a Professional Bakery, Origins of baking, Hygiene
 in the bakery bakery hand tools and equipments, baking ingredients and their
 functions, steps in bread making, bread making methods-when to use a particular
 method, fault identification in breads.
- 2. Bread variations in different countries, usage of basic sponges in making cakes
- 3. Types of pastries-Short crust pastry, Sweet dough laminated pastries techniques involved in making pastries.
- 4. Components of a cake and their importance
- 5. Techniques used in making cakes and pastries including fault identification
- 6. Icings, fillings used for cakes
- 7. Fault identification in cakes
- 8. Chocolate as an ingredient in cakes and desserts types and techniques
- 9. Hot, Cold desserts, Puddings, soufflés, tarts and pies, pancakes, crepes, fruit based, custard and cream based desserts.

Pedagogy

The systems thinking will be developed through lectures, tutorials, field work, outreach activities, project work, term papers, assignments, presentations, self-study, Demonstrations and practice sessions. Sessions will be interactive in nature to enable peer group learning.

Suggested Reading:

- 1.Food Production Operations Parvinder Bali (Oxford)
- 2.International cuisine and Food Production Management, P. Bali, Oxford.
- 3. Thangam E. Philip, Modern cookery, Vol.2

FRONT OFFICE OPERATION 1 (4 Credits) (60 hours)